

NOVEMBER'S FORUM 2025



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positivehrforum.co.uk

LATEST NEWS

The last Forum of the year was a packed, busy, high energy session – and not just because of the fire alarm evacuation courtesy of a particularly steamy hot water urn... and the fine Christmas lunch that followed the meeting!

Back in the room, Kaye was warmly applauded by all for steering the Forum through its first year on a business footing, with a host of new ideas and features already set for 2026 including a new look output featuring **employment law updates**, plus:



NEXT MEETING: 15 January 2026

Human Centred Leadership

[CLICK HERE](#) to book your next meeting

Annual Membership – don't miss out

We have limited allocation for annual memberships next year, existing members have first refusal, so email Kaye ASAP if you would like to go on the waiting list.

Membership not only guarantees your place at every Forum meeting, but offers, access to resources, discounted tickets and offers from our service providers. We also have a 'Service Provider' package which includes listing within our **HR Directory** and promotion of services.

HR Wellbeing Sessions

On the theme of HR Leaders looking after themselves, so they can then look after everyone else, a new Forum offer will be quarterly online 'Lunch and Learn' sessions on a range of wellbeing themes.

Member Resource Library

Launching in January via SharePoint, this will enable members to access all speaker slides and hand outs as well as other useful templates and resources.

There will also be a confidential chat function which will replace our closed LinkedIn channel.

Meetings and Topics

Meetings are set for 15 January / 12 March / 14 May / 9 July / 10 September / 12 November and you are invited to put forward topics by this Friday – 21 November 2025. There will be a poll for members on the final choices.



Caroline Cavanagh



Conquering Imposter Syndrome for HR Wellbeing

'Anxiety Alchemist' Caroline Cavanagh's inspiring insight into this topic clearly resonated with many people...

She offered analysis and understanding, with exercises to help people address the symptoms and effects for themselves and for others.

The key message was learning to recognise and address your fears by dealing with them actively and positively – in other words 'transforming anxiety into a catalyst for growth.'

And finally... we are delighted that in just two meetings we have already raised **nearly £150 for our chosen charity MyCWA.**

Member 'Shout Outs'

This year's charity **MyCWA Domestic Abuse Experts** are staging 16 days of Activism with a series of one-hour lunchtime online seminars on a range of subjects including the hidden cost of domestic abuse to businesses. The sessions are free to join, but you can support the organisation with a donation.

Thanks to Becca Clayton who is offering the **Tonic Wellbeing's CPD-Registered Training + 12-Month Support Programme** costing nearly £2k to **Positive HR Forum Members** at the massively discounted price of £950 + VAT. Just reference **Code PHRF** (Positive HR Forum) when you register your enquiry. See [LEAFLET](#)

'Who leads when the leader is not in the room?' is the question addressed by Founder and Lead Psychologist at Firgun Danny Wareham in his first book **Constellation: Leadership reimagined for a connected age**. Available at your local library (as well as at Waterstones / Amazon etc.) Danny is asking for any readers to post a review.

Staffordshire county Council is looking for businesses to support young people leaving care in a variety of ways including offering job opportunities, work experience or contributing to their bursary scheme. See [LEAFLET](#)

Want to know more about the Forum's activities?
[CLICK HERE](#) to contact Kaye Massey



[CLICK HERE](#) to see who else can help to deliver your people strategy from our HR directory



Our **CHARITY OF THE YEAR**